

How Valuable Are You?

I used to work in a psychiatric hospital on the adolescent unit. Many of the kids I worked with had very low self-esteem. They thought they were of no value. One of the group exercises I'd ask them was whether any of them would be willing to sell me their eyes for \$1,000,000. I'd tell them, "Now, you'll be blind the rest of your lives, but at least you'll be a millionaire." They'd all say, "No, I'd never do that."

I'd ask, "How many of you would be willing to sell me your right arm for \$100,000?" Again, the answer was "No!"—I'd then respond, "What this tells me, then, is that each of you are already worth at least \$1,100,000!" All of us are rich beyond measure, maybe not in dollars, but in so many other ways. When was the last time you thanked God for what you do have?